



**BIRDS OF CAMP POLK MEADOW PRESERVE**



**DESCHUTES  
LAND  
TRUST**

# BIRDS OF CAMP POLK MEADOW PRESERVE

Camp Polk Meadow Preserve is a birding hot spot, home to 180+ different species! Here are some fun facts about ten birds you might see here:



CALIFORNIA QUAIL, MATT OUPHANT



KRIS KRISTOVICH

## American robin

*Turdus migratorius*

One of the most commonly seen birds! This red-breasted beauty lives in cities, farms, and open woodlands. It eats fruits and insects, and appears to “listen” to the ground when stalking earthworms!

**Most commonly seen:** Year-round

## Northern flicker

*Colaptes auratus*

Flickers are woodpeckers that make themselves known! If their beauty doesn't grab you, their drumming on a stove pipe or sharp piercing call will. Look high and low as they also forage on the ground.

**Most commonly seen:** Year-round



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MARLIN KONTJE

## Black-billed magpie

*Pica hudsonia*

Large, noisy jay; mostly black with blue-green on back and wings. Found in open woodlands, prairie, and along streams. Eats berries, insects, carrion, and eggs. Can take up to 40 hours to build nests!

**Most commonly seen:** Year-round

## Red-winged blackbird

*Agelaius phoeniceus*

Male red-winged blackbirds are bright, iconic, and raucous dwellers of ponds and streamsides. Their female counterparts however, are brown, streaky, and shy. Identifying them can be tricky!

**Most commonly seen:** March-November



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JAKE SCHAS

## Calliope hummingbird

*Selasphorus calliope*

Tiny, bright green hummingbird with bright magenta throat. Found in meadows, canyons, and along streams. Feeds on flower nectar and insects. Smallest long-distance migrant in the world!

**Most commonly seen:** March-May

## Spotted towhee

*Pipilo maculatus*

The distinctive color of this bird helps highlight its presence when it sings from shrubs during the breeding season. This plumage also helps it blend into the leaf litter when looking for insects on the ground.

**Most commonly seen:** March-November



JOHN WILLIAMS



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## Evening grosbeak

*Coccothraustes vespertinus*

This species with striking plumage migrates irregularly. It can stay in northern forests year-round, or migrate far south if northern cone crops are poor. In the West, these birds migrate to lower elevations in winter.

**Most commonly seen:** Spring, Fall

## Western bluebird

*Sialia mexicana*

Bluebirds are cavity nesters, raising their young in holes in trees. They catch insects on the fly. Males are bright blue with rust breast, females are more grey-brown with a blue tinge.

**Most commonly seen:** March-May



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## Mountain chickadee

*Poecile gambeli*

Tiny and vocal, this bird sings its name, “chicka-dee-dee-dee!” You are likely to find them flocked up with pygmy nuthatches and ruby-crowned kinglets, flitting in evergreens, gleaning insects and small seeds.

**Most commonly seen:** Year-round

## White-headed woodpecker

*Dryobates albolarvatus*

These distinctive birds use mature ponderosa pines for foraging and snags (dead standing trees) for nesting. When searching for insects, they tend not to drill into wood, but rather flake away bark or probe into needle clusters.

**Most commonly seen:** Year-round



DICK TIPTON

Learn more about the birds of Camp Polk Meadow Preserve, leer en español, join us for a guided bird walk, and more!



# Feathered Friend Fun Facts



More than pretty plumage! Birds are important pollinators, helping grow new plants and then moving seeds from established plants to new terrain.

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Woodpeckers have long tongues! They can be up to 1/3 of their total body length and they help protect their brains as they pound against surfaces with their bill.

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Birds can help us understand the health of our environment. Their presence or absence can indicate healthy habitat and reflect larger trends like the impacts of climate change or the success of restoration projects.



**CONSERVATION. COMMUNITY. CARING FOR THE LAND.**

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